



Ayre's-N-Graces Pty Limited

t/a **CTC** Customised Training & Consulting

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## Emotional Intelligence

### ✓ Step 1 – Select Subject

**Subject** – Emotional Intelligence

**Location** – Client site

**Prerequisites:**

- A requirement to understand and practice emotional intelligent behaviour

**What do you get:**

- ☒ Experienced & qualified facilitator
- ☒ Targeted course outline
- ☒ Printed Courseware
- ☒ Electronic Certificate
- ☒ Digital Badge for LinkedIn profile
- ☒ Free 6 month email support

### ✓ Step 3 – Contact CTC

[www.ctcsydney.com.au](http://www.ctcsydney.com.au)

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Based on your chosen Subject and Topic selection, our expert team will advise the appropriate course length to cover your custom content and best delivery style to suit your needs. Three simple steps and you have a course tailored to you!

### ✓ Step 2 – Select Topics

**Topics**

- ☐ Define Emotional Intelligence
- ☐ History
- ☐ Emotional Brain Function
- ☐ Emotional health
- ☐ Benefits of EI
- ☐ Models of EQ
- ☐ Self-Awareness
- ☐ Self-Management
- ☐ Awareness of Others
- ☐ Relationship Management
- ☐ Leadership